

Sickle cell support program



What you need to know

Sickle cell disease changes the shape of red blood cells. These cells can block blood flow and cause pain, tiredness, and other health problems. But, with good care and healthy habits, you can live a full and active life.



How we support you

You have access to specialized services designed to make managing sickle cell disease easier:

- Care management.
- Help with medicines.
- Rides to doctor visits.
- Nutrition tips.
- Mental health support.
- Specialist referrals.



Why care management matters

Your care manager is like a personal coach. They help you:

- Keep track of checkups and medicines.
- Connect with doctors and community programs.
- Get support during pain episodes.
- Learn ways to stay healthy.



Extra support

Our member REACH team offers extra help when you need it. They can connect you with programs that may be able to offer:

- Housing.
- Food.
- Financial help.
- Employment and education services.

Connect with the member REACH team at **1-833-316-7010**.



Extra benefits

You have access to extra benefits, such as:

- Monthly allowance for over-the-counter health products.
- Rewards for taking steps toward better health.
- Diaper support.
- And much more!

For a full list of extra benefits visit aetna.com/3GHqeW2.

Questions? We're here for you! Call us at 1-844-365-4385 (TTY: 711).

