



Project BRAVO: Phase 2

Provider Collaboration

Behavioral Health

Behavioral Health Expansion

Under Behavioral Health Expansion, Aetna Better Health of Virginia covers the following services offered through Behavioral Health Expansion Phase II, which began **December 1, 2021**. The following services will require prior authorization:

- Multisystemic Therapy
- Functional Family Therapy
- Mobile Crisis
- Community Stabilization
- 23-Hour Crisis Stabilization
- Residential Crisis Stabilization
- Applied Behavior Analysis

Behavioral Health Expansion

BRAVO Phase 2 services will replace the following:

- Behavioral Therapy
- Crisis Intervention
- Crisis Stabilization

Service Descriptions

- Multisystemic Therapy - Multisystemic therapy (MST) is an evidence-based, intensive home- and community-based treatment for youth with significant clinical impairment in disruptive behavior, mood, and/or substance use. MST has a large evidence base that has demonstrated robust clinical and systems outcomes, including reducing the need for inpatient hospitalization, residential treatment and other out-of-home placements for youth. MST involves significant training, supervision, monitoring and fidelity practices.
- MST is a new service for youth; it does not replace any existing services.
- MST will use procedure code H2033. Modifiers are HN, HO, HN HK, AND HO HK

Service Descriptions

- Functional Family Therapy - Functional Family Therapy (FFT) is a short-term, evidence-based treatment program for at-risk and justice-involved youth, who have been referred for behavioral or emotional problems by the juvenile justice, mental health, and school or child welfare systems. FFT has a large evidence base that has demonstrated robust clinical and systems outcomes, including reducing the need for inpatient hospitalization, residential treatment and other out-of-home placements for youth. FFT involves significant training, supervision, monitoring and fidelity practices.
- FFT is a new service for youth; it does not replace any existing services.
- FFT will use the procedure code H0036. Modifiers are HN, HO, HN HK, and HO HK

Service Descriptions

- Mobile Crisis - Mobile Crisis is brief, focused assessment and treatment that reviews precipitating events leading to the crisis, history of crisis, mental status exam and disposition planning. Service components include:
 - 1) The mobilization of resources to defuse the crisis and restore safety.
 - 2) Implementing interventions that minimize the potential for psychological trauma and prevent further deterioration of functioning.
 - 3) Facilitating linkage to other supports and services to avert inpatient hospitalization.
- Mobile Crisis will replace and serve as an enhancement of the current Crisis Intervention [H0036] service for youth and adults.
- Mobile Crisis will serve both youth and adults.
- Mobile Crisis will use procedure code H2011. Modifiers are HO, HK, 32, HT HM, HT HO, HT HN, HT

Service Descriptions

- Community Stabilization - Community Stabilization services are short-term services designed to support continued de-escalation and crisis stabilization following initial crisis intervention/response that are provided to an individual in their natural environment.
- Community Stabilization will replace and serve as an enhancement of the current Crisis Stabilization [H2019] service for youth and adults.
- Community Stabilization will serve both youth and adults.
- Community Stabilization will use the procedure code S9482. Modifiers are HN, HO, HT HM, HT

Service Descriptions

- 23-Hour Observation - 23-Hour Observation provides short-term, walk-in psychiatric/substance related crisis evaluation and brief intervention services to support an individual who is experiencing an abrupt and substantial change in behavior noted by severe impairment of functioning typically associated with a precipitating situation or a marked increase in personal distress. Services are accessible 24/7. Individuals participate in the service for up to 23-hours in a residential crisis stabilization unit.
- 23-Hour Observation is a new service and will use procedure code S9485.
- 23-Hour Observation will serve both youth and adults.
- 23-Hour Observation is a service provided within a Residential Crisis Stabilization Unit.
- Modifiers are 32, HK

Service Descriptions

- Residential Crisis Stabilization - Residential Crisis Stabilization Units provide short-term, 24/7, facility-based psychiatric/substance related crisis evaluation and brief intervention services to support an individual who is experiencing an abrupt and substantial change in behavior noted by severe impairment of functioning typically associated with a precipitating situation or a marked increase in personal distress.
- Residential Crisis Stabilization will replace and serve as an enhancement of the current Crisis Stabilization [H2019] service for youth and adults.
- Residential Crisis Stabilization will serve both youth and adults.
- Residential Crisis Stabilization will use procedure code H2018.
- Modifiers are 32, HK

Changes to Behavioral Therapy

- Behavioral Therapy transitioned to Applied Behavior Analysis on December 1, 2021. The below commercial billing codes will be utilized for this service.
- 97152, 97151, 97153, 97155, 97154, 97158, 97156, 97157, 0362T, 0373T
- Modifiers are HO, HN

Resources: Provider Manuals and Authorization Forms

The Provider Manual is currently posted for public comment and is projected to be finalized in early November 2021. The below link may be used to review those changes.

www.dmas.virginia.gov/for-providers/general-information/medicaid-provider-manual-drafts

The standardized authorization forms for these new services will be posted at the below link when finalized by DMAS which is projected to occur at the end of October 2021.

www.dmas.virginia.gov/for-providers/behavioral-health/training-and-resources

<https://www.dmas.virginia.gov/media/3469/mh-iop-php-h0035-or-s9480-initial-auth-form-final-july-2021.pdf>

