



AETNA BETTER HEALTH®  
Coverage Policy/Guideline

Name: One Touch Diabetic Test Strips Page: 1 of 1

Effective Date: 2/10/2023 Last Review Date: 11/2022

Applies to:	<input checked="" type="checkbox"/> Illinois	<input checked="" type="checkbox"/> Florida	<input checked="" type="checkbox"/> Florida Kids
	<input checked="" type="checkbox"/> New Jersey	<input checked="" type="checkbox"/> Maryland	<input checked="" type="checkbox"/> Michigan
	<input checked="" type="checkbox"/> Pennsylvania Kids	<input checked="" type="checkbox"/> Virginia	<input type="checkbox"/> Texas

**Intent:**

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for One Touch Diabetic Test Strips under the patient's prescription drug benefit.

**Description:**

If the patient is requesting more than the initial quantity limit the claim will reject with a message indicating that a prior authorization is required. The initial limit will approve up to 150 diabetic test strips per month.

**Applicable Drug List:**

One Touch Products

**Policy/Guideline:**

**The requested drug will be covered with prior authorization when the following criteria are met:**

- The patient is on an intensive insulin regimen (multiple-dose insulin or insulin pump therapy)

**Approval Duration and Quantity Restrictions:**

**Approval:** 12 months

**Quantity Level Limit:** 150 test strips per 30 days

**References:**

1. American Diabetes Association. Standards of Medical Care in Diabetes—2022: Diabetes Care 2022;45(Suppl 1):S1-S264.
2. Weinstock RS, Aleppo G, Bailey TS, et al. The Role of Blood Glucose Monitoring in Diabetes Management. Arlington (VA): American Diabetes Association; October 2020.