



AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name: Opioid MME Limit Override	Page: 1 of 2
Effective Date: 5/6/2024	Last Review Date: 4/9/2023

Applies to: Oklahoma

Intent:

The intent of this guideline is to provide information to the prescribing practitioner outlining the coverage criteria for the Opioid Morphine Milligram Equivalent (MME) Limit Override under the member’s prescription drug benefit.

Description:

To ensure that members follow selection elements noted in labeling and/or practice guidelines for appropriate utilization when requiring an opioid quantity greater than 90 Morphine Milligram Equivalent (MME) per day.

Applicable Drug List:

Narcotic Analgesics; Reference Oklahoma PDL

Policy/Guideline:

Criteria for Approval:

The requested drug will be covered with prior authorization when ALL the following criteria are met:

- Member has an Food and Drug Administration (FDA) approved diagnosis.
- Documentation listing all opioid medications the member is currently taking or planning to take, including strength and dosing.
- Prescriber documents the reason the member requires an opioid quantity that is greater than 90 morphine milligram equivalents (MME) per day.
- The member has attempted an opioid taper, documenting the opioid taper date, the opioid MME level achieved, and the reason for failure on the opioid taper OR there is a member-specific clinically significant reason why a taper is not an option.
- The provider will reassess the member’s pain in the first month after the initial prescription or any dose increase AND every 3 months thereafter to ensure



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that clinically meaningful improvement in pain and function outweigh risks to member safety.

- The prescriber has reviewed the Oklahoma Prescription Monitoring Program (PMP) profile for the member in the last 30 days.
- The prescriber and member have a signed pain management/opioid treatment agreement contract that is stored in the member’s medical record.
- The prescriber has offered a prescription of naloxone to the member or member’s household.
- The provider has documented the opioid morphine milligram equivalent (MME) level the member has achieved.

Approval Duration and Quantity Restrictions:

Approval: 3 months

References:

1. Opioid Morphine Milligram Equivalent (MME) Limit Override PA form:
<https://oklahoma.gov/content/dam/ok/en/okhca/documents/a0304/22749.pdf>