



Bringing together what matters most

Aetna Better Health® of Oklahoma brings together the care, support and services you need by making your extra benefits easy to choose and use—**so you can live your healthiest life.**

Questions? Give us a call at **1-844-365-4385 (TTY: 711).**

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Aetna does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, health status or need for health care services.

English: Attention: If you speak English, language assistance services, free of charge, are available to you. Call **1-844-365-4385 (TTY: 711).**

Spanish: Atención: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-844-365-4385 (TTY: 711).**

Vietnamese: Chú ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số

Aetna Better Health® of Oklahoma
Member Services
1-844-365-4385 (TTY: 711)
24 hours a day, 7 days a week

AetnaBetterHealth.com/Oklahoma



 **Healthy living starts here**

We've got you covered















Aetna Better Health® of Oklahoma










Sooner**Select**  |  **aetna**

AetnaBetterHealth.com/Oklahoma

Extra benefits

Members must meet criteria requirements to be eligible for certain benefits and incentives.

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|  | Diabetes Care Program | Earn \$15 for completing a kidney screening. Earn \$50 per month for healthy foods. Earn \$15 for completing a diabetic retinal eye exam. Earn \$15 for completing an A1C test. |
|  | Post-discharge meals | Receive 21 meals per week for 12 weeks post-discharge from the hospital. |
|  | Traditional Healing | Up to \$400 a year for traditional healing practices. |
|  | Digital Companionship | App with 24/7 digital companionship and support for loneliness and resources. |
|  | Mental Health and Substance Use Disorder Coaching | Mental health coaching that helps strengthen emotional health. App tools and support for depression, substance abuse, tobacco cessation and early pregnancy. |
|  | Recovery Housing Support | Up to \$600 per month for up to 3 months at an approved sober living facility. |
|  | Cost to Pay for Expungement | Up to \$150 to assist with certification fees tied to criminal record expungement. |
|  | Career & Life Skills Training | Job skills training, trade skill development and general equivalency diploma (GED) support. |
|  | Behavioral Health Follow-up Visit | Earn \$20 for each follow-up visit completed with a mental health practitioner following discharge from an acute behavioral health inpatient hospitalization, residential treatment or detoxification for substance use disorder. |
|  | Alternatives to Opioids | Up to \$500 to use toward acupuncture, massage therapy, dry-needling and yoga. |
|  | Enhanced Transportation | Transportation to job interviews, grocery stores and community and social services. |
|  | Over-the-counter (OTC) supplies | \$25 per month for OTC health products. |
|  | Asthma Home Care | Up to \$250 for bedding, deep carpet cleaning, pest control services, air purifiers and air filters. |
|  | Adult Vision | \$150 every two years to cover glasses/contacts. \$75 toward an annual exam. |
|  | Screenings | Receive \$25 for completing a breast cancer screening. Receive \$25 for completing a colorectal cancer screening. |

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|  | No-cost Smart Phone | Receive a smart phone with a wireless plan at no cost. One per household. |
|  | Waived Copays | Copays waived for all medical and behavioral health services except IP Hospital (ICU/CCU, other room and board, routine), and outpatient hospital non-ER and retail pharmacy. |
|  | Pregnancy | Earn \$25 for notifying Aetna Better Health prior to first prenatal visit. Earn \$25 for completing initial prenatal visit. Earn an extra \$10 for each prenatal visit. Earn \$50 for completing postpartum visit 21 days post-delivery. Earn an extra \$50 for completing second visit 22-84 days post-delivery. At 37 weeks pregnant and after attending 7 doctors' visits, receive \$90 to purchase a portable crib or car seat. Receive a no-cost breast pump at 37 weeks pregnant. |
|  | Digital Maternal Health | 24/7 digital support during pregnancy and postpartum. Support from virtual specialists include virtual doula, lactation consultants, OB/GYNs, pediatricians and mental health providers. |
|  | Diaper Club | Receive a one-time \$100 to purchase diapers for children 12 months and younger. |
|  | Childhood Immunizations | Children can receive \$50 for completing the full series of childhood immunizations on or before their 2nd birthday. |
|  | Well-Child | Earn \$25 annually for completing a well-child visit. Earn \$60 for completing 6 well-child visits between birth-15 months. Earn \$40 for completing 2 well-child visits between 16-30 months. |
|  | Go/Get Outside | Up to \$40 per year for Oklahoma zoos or state parks. |
|  | After School Engagement | Up to \$100 per year for activities, sports and after school programs. |

Get up to \$5,155 in extra benefits a year!

Benefits may require Care Management involvement or specific diagnoses. For eligibility information, call us at **1-844-365-4385 (TTY: 711)** or view your member handbook at **AetnaBetterHealth.com/Oklahoma**.