

# ASAM Scoring Guide

**Score each box separately: 0=none, 1=mild, 2=moderate, 3=severe**

<p><b>Dimension 1: Acute Intoxication and/or withdrawal potential.</b></p> <ul style="list-style-type: none"> <li>-What is the risk associated with current level of intoxication?</li> <li>-Is there significant risk of withdrawal symptoms or seizures?</li> <li>-Consider prior withdrawal episodes, age, vitals, medical issues, substances used</li> </ul>	<p><b>Dimension 4: Readiness to Change (Degree of Readiness)</b></p> <ul style="list-style-type: none"> <li>-Is member self-motivated?</li> <li>-How strongly does the member agree or disagree with the perception they have an addictive disorder?</li> <li>-Is member leveraged, coerced, or court-ordered into treatment?</li> </ul>
<p><b>Dimension 2: Biomedical Conditions and Complications</b></p> <ul style="list-style-type: none"> <li>-Are there current physical illnesses, other than withdrawal, that create risk or may complicate treatment?</li> <li>-Are there chronic conditions that affect treatment?</li> <li>-Note if there are chronic pain issues, heart disease, neurologic conditions, diabetes mellitus or physical disabilities</li> </ul>	<p><b>Dimension 5: Relapse, Continued Use or Continued Problem Potential (based on current problem and history)</b></p> <ul style="list-style-type: none"> <li>-Is the member in imminent or immediate danger without treatment?</li> <li>-How severe are problems/consequences that may continue or reappear if not engaged in treatment?</li> <li>-How aware is the member of relapse triggers? How are the member's coping skills and impulse control?</li> </ul>
<p><b>Dimension 3: Emotional, Behavioral, or Cognitive Conditions and Complications</b></p> <ul style="list-style-type: none"> <li>-Are there current, acute, or chronic psychiatric conditions, psychological factors, or cognitive problems that may create a risk or complicate treatment?</li> <li>-Are these problems independent or connected to the addiction?</li> <li>-Is the patient able to manage Activities of Daily Living?</li> </ul>	<p><b>Dimension 6: Recovery/Living Environment</b></p> <ul style="list-style-type: none"> <li>-Do any family members, living situations, school or work situations pose a threat to member's safety or engagement in treatment?</li> <li>-Does member have resources that increase likelihood of successful treatment?</li> <li>Are there transportation, housing, or employment issues that need to be addressed?</li> </ul>

## ***ASAM corresponding LOC recommendations***

- **Early Intervention/DUI Program (Level 0.5):** Dimensions 1, 2, 3 and 4 stable. Dimensions 5 and 6 are potentially problematic.
- **Outpatient Treatment (Level 1.0):** Dimensions 1, 2, 3, 5 and 6 only mild problems. Dimension 4 is problematic.
- **Intensive Outpatient Treatment (Level 2.1):** Dimensions 1 and 2 stable. Dimension 3 mild severity. Dimensions 4, 5 and 6 mild to moderate severity.
- **Partial Hospital Program (Level 2.5):** Dimensions 1, 2 and 3 warrant daily monitoring or management. Meet moderate severity in 2 out of 3 of Dimensions 4, 5 or 6.
- **Residential Treatment (Level 3.1—example: Halfway House):** Problems in Dimensions 5 and 6.
- **Residential Treatment (Level 3.3—example: Extended/Long-Term Care):** Mild to moderate severity in Dimension 3 and in 2 out of 3 of Dimensions 4, 5 or 6. Not used for adolescents.
- **Residential Treatment (Level 3.5):** Significant problems in Dimensions 3 and 6; Moderate problems in Dimensions 4 and 5.
- **Residential Treatment (Level 3.7):** Functional deficits in 2 out of 3 of Dimensions 1, 2 or 3; Moderate severity in Dimensions 4, 5 and 6.
- **Inpatient Treatment (Level 4.0):** Severe problems in Dimensions 1, 2 or 3. Problems in the other Dimensions do not qualify for this level of care.