



Aetna Better Health® of Louisiana

AETNA BETTER HEALTH® d/b/a Aetna Better Health of Louisiana Policy

Policy Name: Vitamin D Testing	Page: 1 of 4
Department: Operations	Policy Number: P07203_ABHLA_Vitami n_D
Subsection:	Effective Date: 12/01/2020
Applies to: Aetna Better Health of Louisiana	

PURPOSE:

To establish criteria and guidance for the reimbursement of Vitamin D testing.

STATEMENT OF OBJECTIVE/OVERVIEW:

Aetna Better Health of Louisiana (ABHLA), in conjunction with the Louisiana Department of Health (LDH), has developed a joint, pilot program to cover the screening of Vitamin D levels in members with certain diagnoses. If, after initial screening, a member is determined to be Vitamin D Deficient, ABHLA will cover additional screenings.

The following conditions must be met for reimbursement of Vitamin D Assay Testing:

- Members must have a diagnosis where screening is considered medically necessary, as determined by the Centers for Medicare and Medicaid Services (CMS) and cited later in this policy.
 - When a member meets the above criteria, the limit for Vitamin D screenings will be no more than one (1) per year.
 - When a member is diagnosed with Vitamin D Deficiency, ABHLA will cover a maximum of four (4) tests per year.
- The diagnosis, along with the appropriate CPT Codes, must be submitted on the claim for the screening.

Population level-based screening for Vitamin D Deficiency in average risk, asymptomatic adults and children is not recommended and is not covered by this policy.

The following CPT Codes represent Vitamin D Assay testing:

- 82306 Vitamin D; 25 Hydroxy, Includes Fraction(s), if performed
- 82652 Vitamin D; 1, 25 Dihydroxy, Includes Fraction(s), if performed



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The following, general diagnoses support the medical necessity of CPT Code 82036. For a complete list, refer to the CMS [Billing and Coding Vitamin D Assay Testing article](#).

- Tuberculosis
- Coccidioidomycosis
- Meningitis
- Histoplasmosis
- Follicular lymphoma
- Hypogammaglobulinemia
- Immunoglobulin deficiencies
- Graft-vs-host disease
- Hypoparathyroidism
- Hyperparathyroidism
- Nutritional marasmus
- Malnutrition
- Rickets
- Vitamin D deficiency
- Obesity
- Hyperalimentation
- Hypervitaminosis D
- Hypocalcemia
- Hypercalcemia
- Cystic fibrosis
- Postprocedural hematoma
- Postprocedural seroma
- Berylliosis
- Crohn's
- Gastroenteritis and colitis
- Cirrhosis
- Sclerosis

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- Fibrosis
- Liver disease
- Pancreatitis
- Celiac disease
- Tropical sprue
- Malabsorption disorders
- Psoriasis
- Osteoporosis
- Osteomalacia
- Bone density and structure disorders
- Chronic kidney disease
- End Stage Renal Disease
- Osteopetrosis
- BMI-related conditions
- Long-term (current) use of certain drugs or drug therapies

The following, general diagnoses support the medical necessity of CPT Code 82652. For a complete list, refer to the CMS [Billing and Coding Vitamin D Assay Testing article](#).

- Rickets
- Vitamin D deficiency
- Calcium metabolism disorders
- Hypercalcemia
- Osteomalacia
- Aluminum bone disease
- Calculus



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DEFINITIONS:

Vitamin D Assay Testing	A method of screening a patient's vitamin D levels by way of measuring the level of 25-hydroxyvitamin D or 1,25-dihydroxyvitamin D
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LEGAL/CONTRACT REFERENCE:

Review/Revision History	
07/24/2020	Initial draft.
08/13/2020	Removed link in Legal/Contract Reference