

HEDIS® measures

Follow-up after emergency department visit for substance use (FUA)

This HEDIS® measure looks at the percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of substance use disorder (SUD), or any diagnosis of drug overdose, who had a follow-up visit. Two rates are reported:

1. The percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days).
2. The percentage of ED visits for which the member received follow-up within 7 days of the ED visit (8 total days).

Report age stratifications for 13-17 years, 18 and older and a total rate.

Numerator codes for FUA

There is a large list of approved NCQA codes used to identify services included in the FUA measure. Below are a few of the approved codes. For a complete list, see [NCQA.org](https://www.ncqa.org).

If a member is compliant for the 7-day indicator, they are automatically compliant for the 30-day indicator. To capture follow-up care treatment within 7 and 30 days of the ED visit, a code from table one accompanying a code from table two can be used:

Code class	Codes	Description
ICD-10	F11.10; F11.120; F11.121; F11.122; F11.129	Opioid Abuse and Dependence
ICD-10	F12.10; F12.120; F12.121; F12.122; F12.129	Other Drug Abuse and Dependence
ICD-10	F10.10; F10.120; F10.121; F10.14; F10.150	Alcohol Abuse and Dependence
Code class	Codes	Description
CPT	98966-98968; 99411-99443	Telephone Visit
CPT	98969-98972; 99421-99423;	Online Assessments
CPT	99444; 99458	IET Stand Alone Visits

Strategies for improvement

- ✓ Refer members to a provider who specializes in treating substance use or substance-induced disorders.
- ✓ Coordinate care with all involved in the treatment process.
- ✓ Provide credible sources, such as National Alliance on Mental Illness (NAMI), to address any fears and stigma surrounding treatment.
- ✓ Use a trauma-informed approach, addressing these six principals in the approach:
 - Safety
 - Peer support
 - Collaboration and family
 - Trustworthiness and transparency
 - Empowerment, voice, and choice
 - Cultural, historical, and gender issue

For assistance finding a provider to refer for substance use, use our provider directory or call Aetna at 1-866-329-4701.

Other notes about the eligible population

Events and diagnosis: An ED visit with a principal diagnosis of SUD or any diagnosis of drug overdose on or between January 1 and December 1 of the measurement year, where the member was 13 years or older on the date of the visit. The denominator for this measure is based on ED visits, not on members. If a member has more than one ED visit, identify all eligible ED visits between January 1 and December 1 of the measurement year and do not include more than one visit per 31-day period, as described below.

Multiple visits in a 31-day period: If a member has more than one ED visit in a 31-day period, include only the first eligible ED visit. For example, if a member has an ED visit on January 1, include the January 1 visit and do not include ED visits that occur on or between January 2 and January 31. If applicable, include the next ED visit that occurs on or after February 1. Identify visits chronologically, including only one per 31-day period.

Compliant follow-up visits

30-Day: A follow-up visit or a pharmacotherapy dispensing event within 30 days after the ED visit (31 total days). Include visits and pharmacotherapy events that occur on the date of the ED visit.

7-Day: A follow-up visit or a pharmacotherapy dispensing event within 7 days after the ED visit (8 total days). Include visits and pharmacotherapy events that occur on the date of the ED visit.

[AetnaBetterHealth.com/Illinois-Medicaid/Providers](https://www.aetna.com/betterhealth/illinois-medicaid/providers)

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