

# Are you ready to start a family? Are you already pregnant?

Aetna Better Health® of Florida and ProgenyHealth® want to support you.

There is **no cost** to you.



## Your Case Manager can help you with:

- Education and support
- Setting up doctor visits
- Making care plans
- Finding free or low-cost items and services



## Use the Mobile App to:

- Track your pregnancy
- Make to-do lists
- Read about your pregnancy
- Contact your Case Manager





Aetna Better Health<sup>®</sup> of Florida

# Download the Pregnancy Mobile App Today!

Do these easy steps to get going:

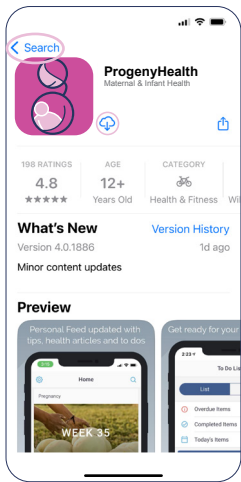


**1** Scan the QR code

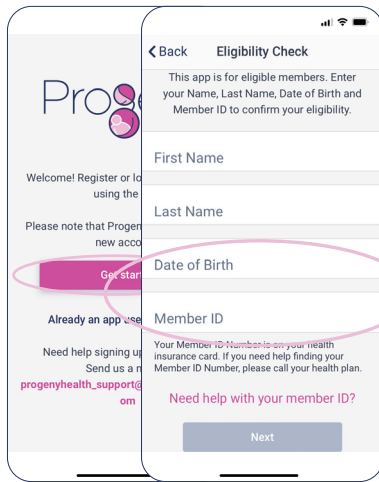


[apps.apple.com/us/app/wildflower-health-advocate/id1659095405](https://apps.apple.com/us/app/wildflower-health-advocate/id1659095405)

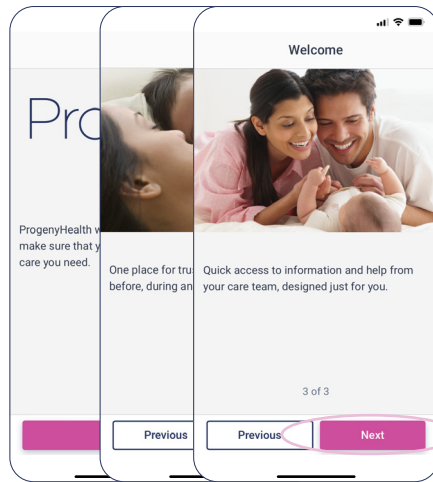
**2** Look for ProgenyHealth Download the ProgenyHealth App



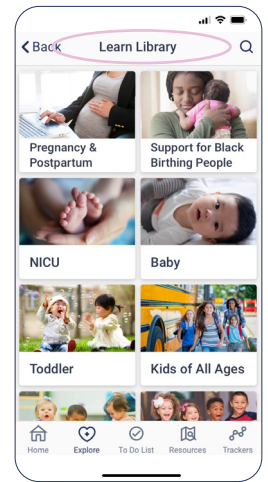
**3** Open the App Enter ID and date of birth



**4** Click the buttons to start using the App



**5** Read about your pregnancy in the Learn Library



To learn more, call a ProgenyHealth Case Manager toll free at **1-855-231-4730**, Mon-Fri, 8:30 AM-5:00 PM ET.

If you have had a pregnancy loss, we are here to help. Get support by calling 1-855-231-4730.



This information is available for free in other languages and formats. Please contact our customer service number at 1-800-441-5501 and TTY/TDD 7-1-1, Monday through Friday, from 8 AM to 7 PM.